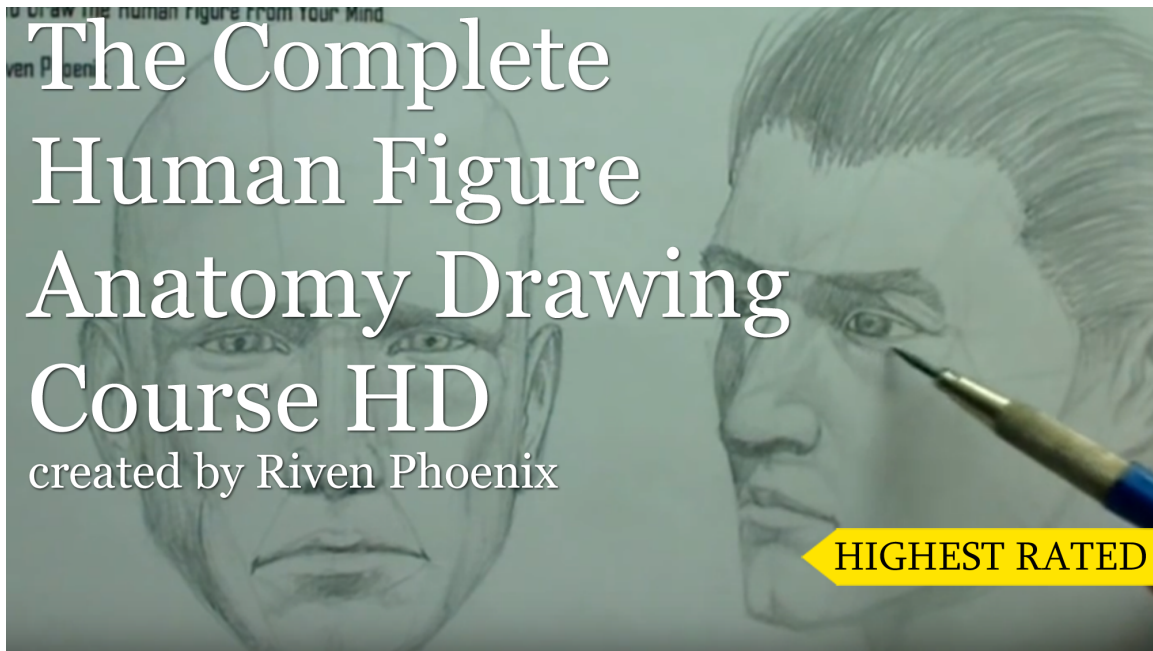


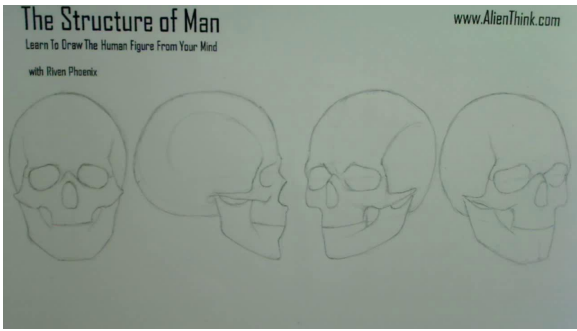
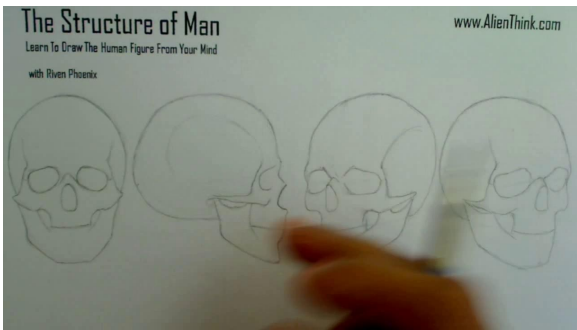
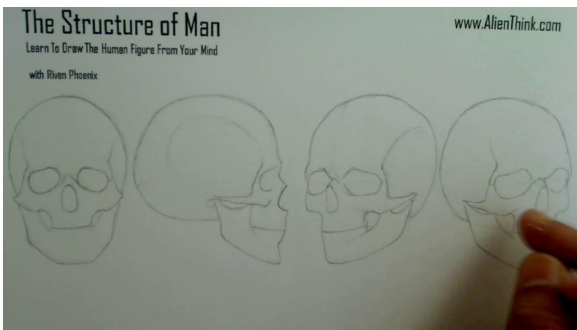
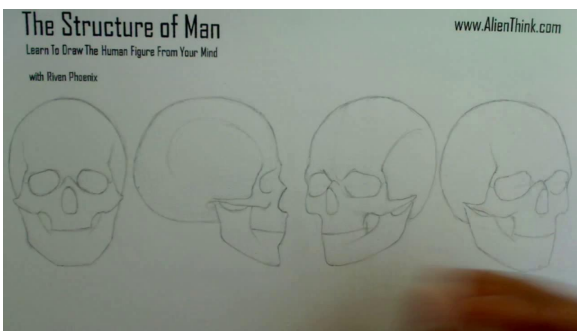


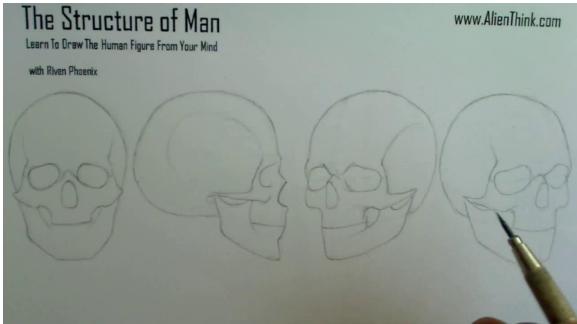
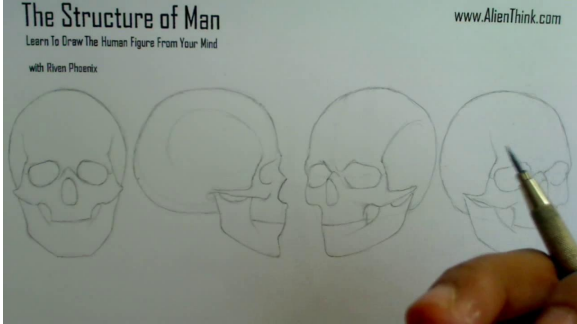
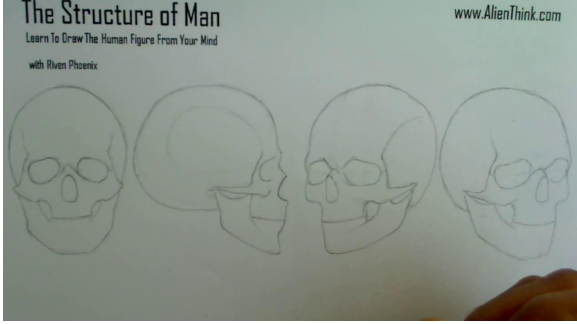
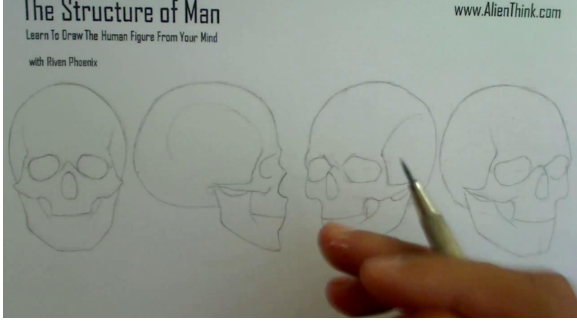
## **The Structure of Man**

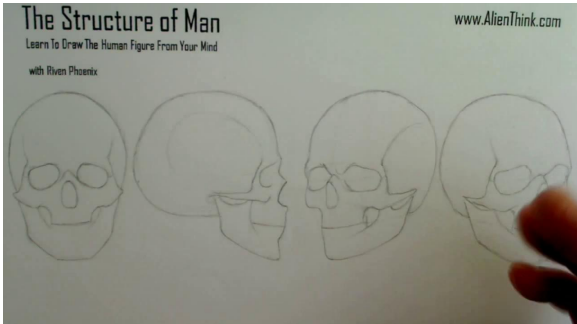
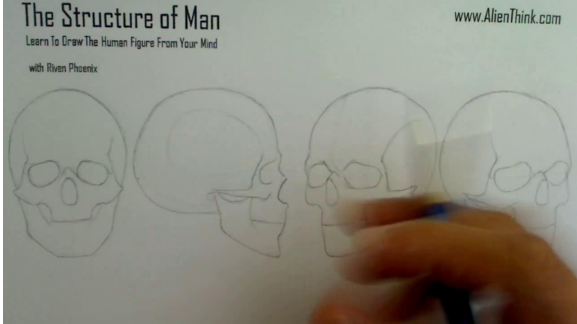
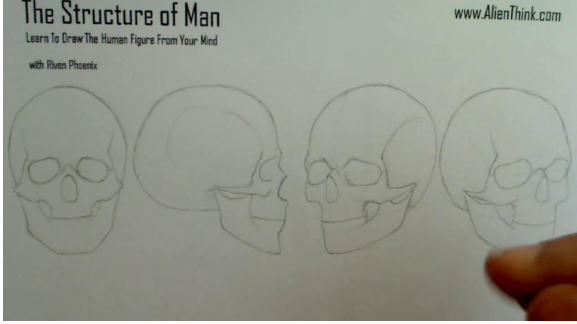
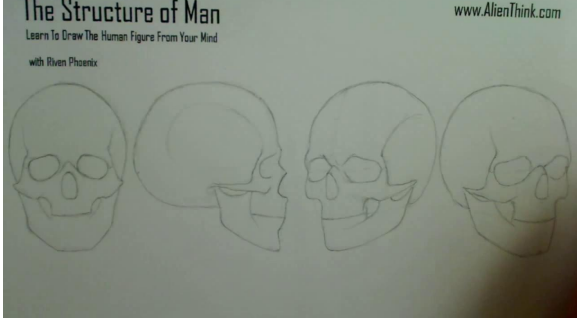
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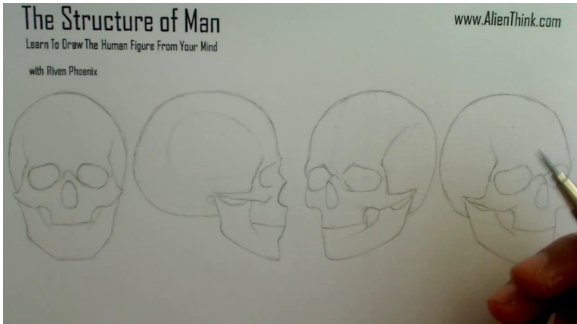
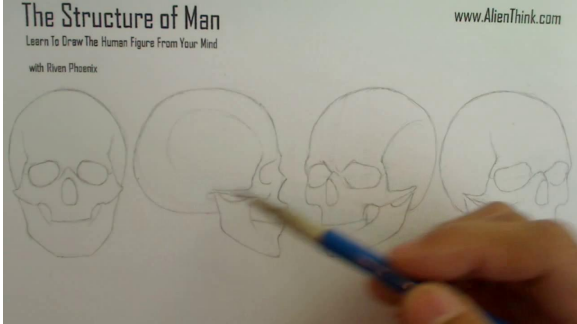
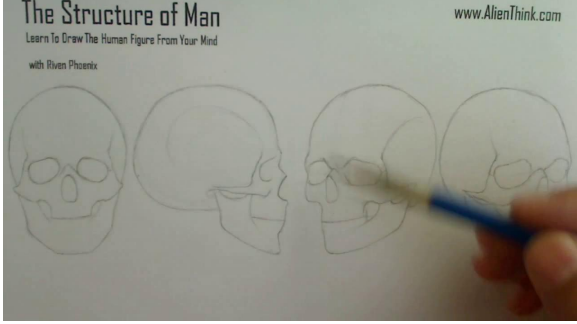
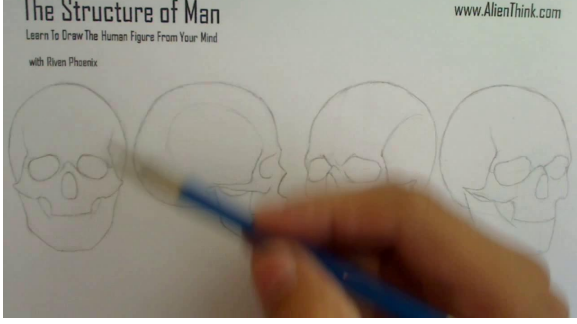
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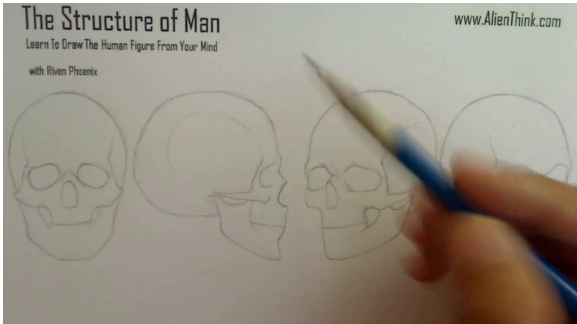
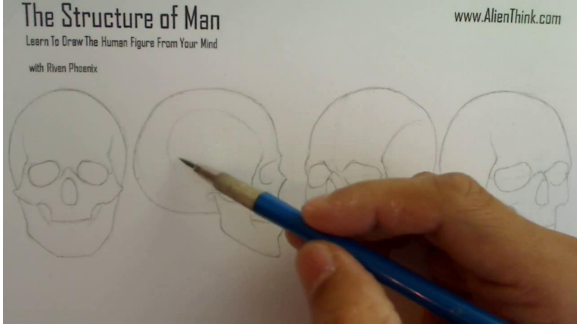
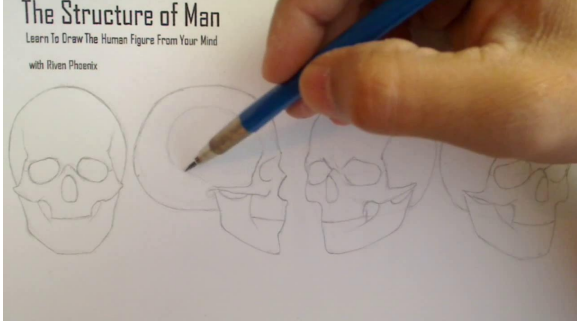
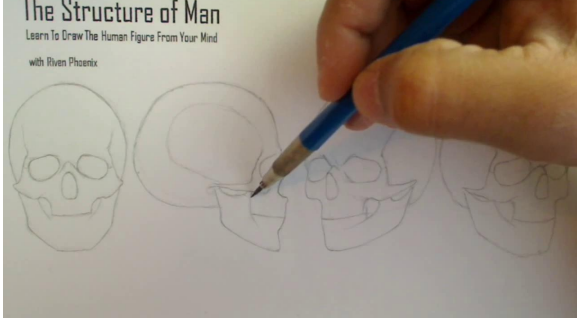
Figure Drawing Lesson 076 - The Muscles of The Human  
Head -Part 2

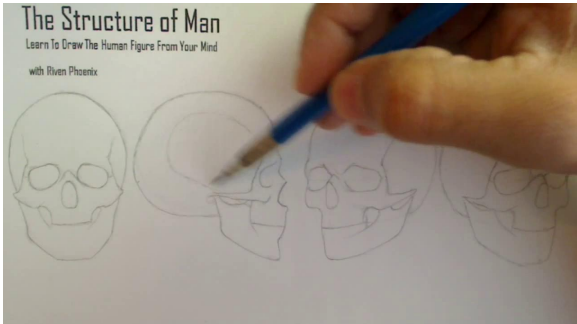
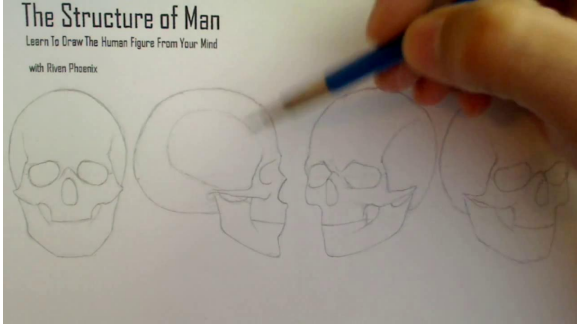
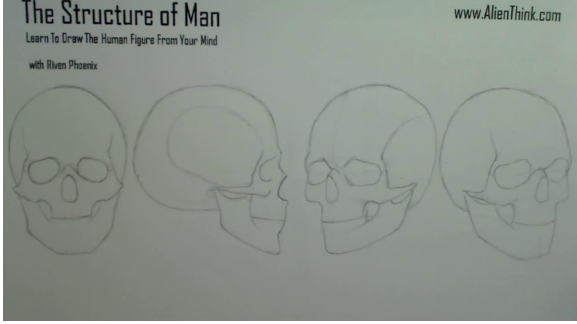
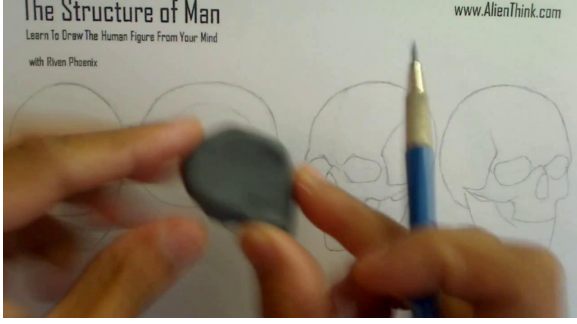
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| 1 |    | <p>Hey guys, my name is Riven Phoenix and welcome to the structure of man learn to draw the human figure from your mind training course.</p>                                     |
| 2 |    | <p>Okay, so here I have cleaned up all the drawings from the previous lesson, so this is going to be our first study plate for understanding the muscles of the human skull.</p> |
| 3 |   | <p>So this fourth skull we're going to leave that be we're not going to touch it, we're only going to touch it in the end.</p>                                                   |
| 4 |  | <p>So we really really just need to understand from these three different views as to what's going on with the muscles.</p>                                                      |

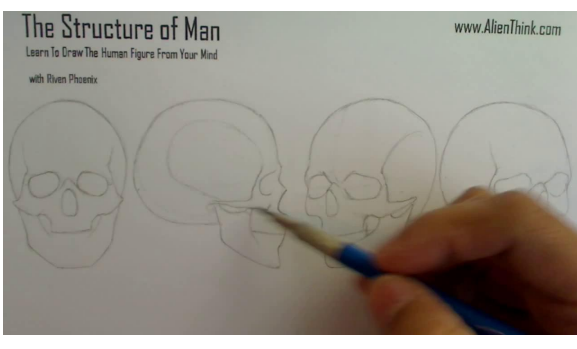
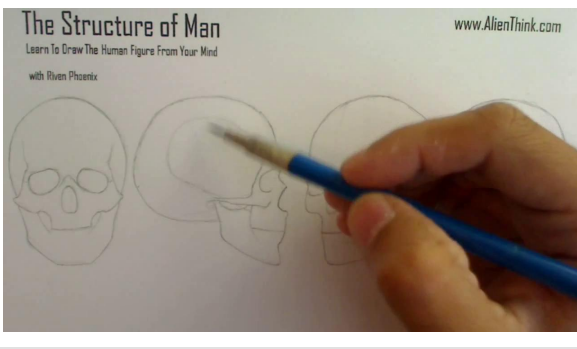
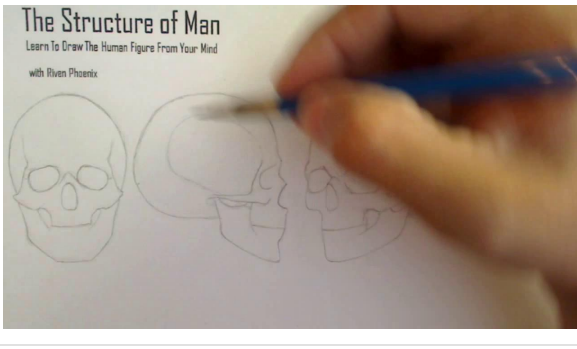
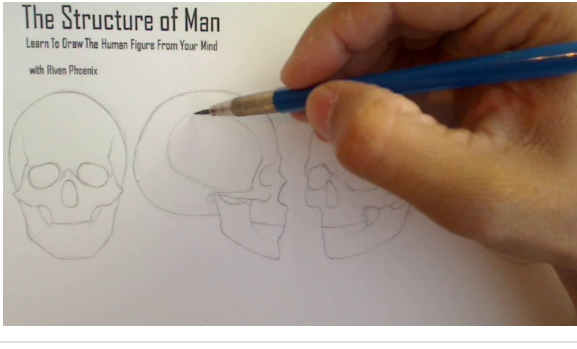
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| 5 |    | <p>So we're going to have to invent all the muscles all by ourselves.</p>                                                                  |
| 6 |    | <p>Right, so what this means is that we really don't want to get the mind confused into the area of naming the muscles.</p>                |
| 7 |   | <p>Right, there really is no reason for this. Now if you do have anatomical books, right, you can look at the names, right.</p>            |
| 8 |  | <p>Some of the names are going to be just too long, too complicated to understand and we don't are really not interested in that area.</p> |

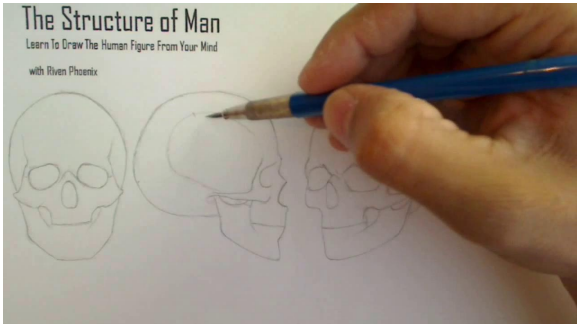
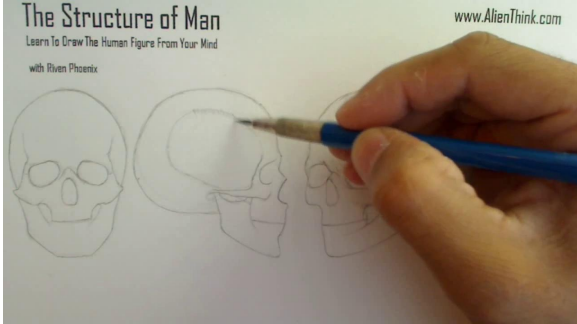
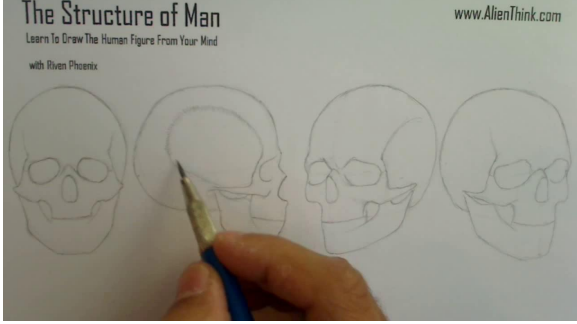
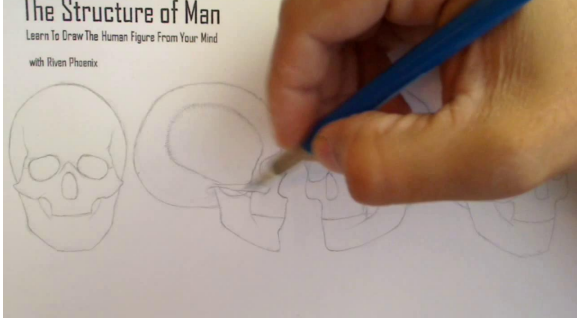
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| 9  |    | <p>For because from an artistic point of view, that makes much more sense to us to understand the muscles in this way.</p>                                                                         |
| 10 |    | <p>Now obviously if you're teaching, let's say if you want to teach the understanding of the muscles by name, that's really an option for you.</p>                                                 |
| 11 |   | <p>But from my experience in teaching over 20 years to students, I've found that it's better to just let go of the names and come up with your own numbering, some kind of a numbering system.</p> |
| 12 |  | <p>Right, so for the first muscle we'll do is going to be muscle number one.</p>                                                                                                                   |

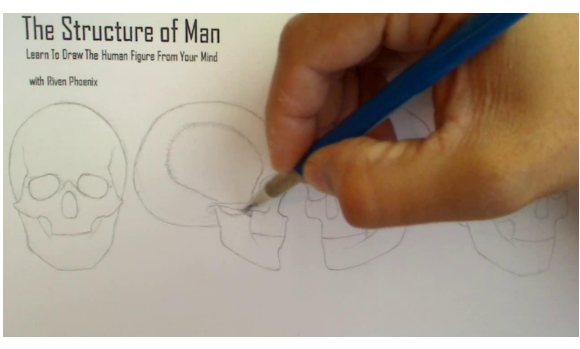
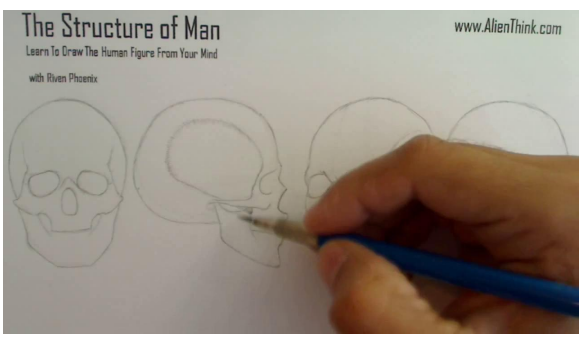
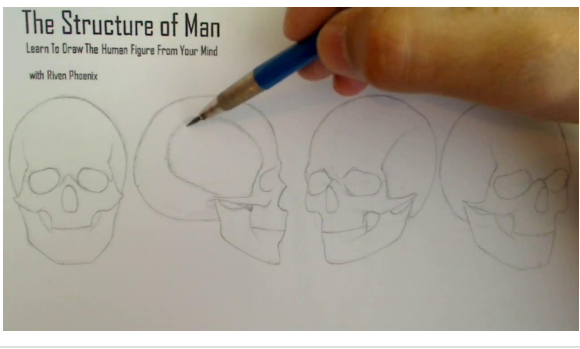
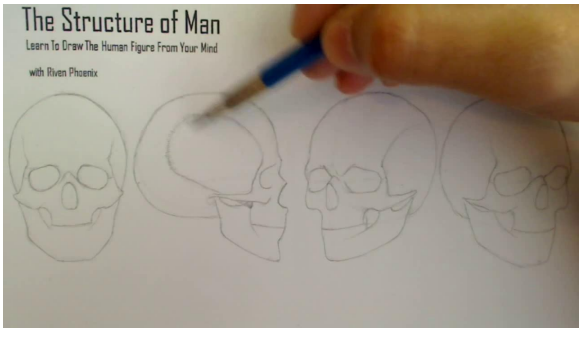
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| 13 |    | <p>Okay, so the first muscle is basically a muscle that goes on the side of the human skull over here.</p>                                                                               |
| 14 |    | <p>And this is what gives the ability, the artist, the ability to really draw out the skull really with a ball shape and get going with it.</p>                                          |
| 15 |   | <p>Right, so when we draw out the skull, we really just started with a very basic shape and that's really what happens in the end of it all, that that's what we want to stick with.</p> |
| 16 |  | <p>Right, so over here there's obviously a ditch in here in the skull and what we're going to do is actually just add the muscles.</p>                                                   |

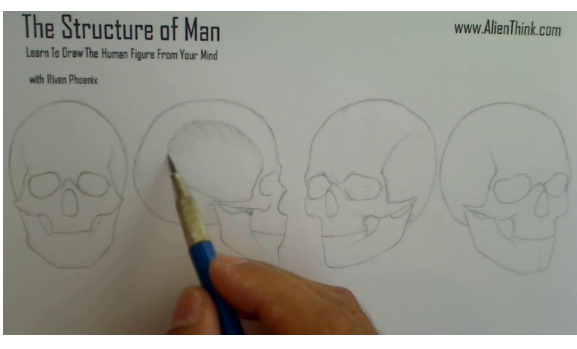
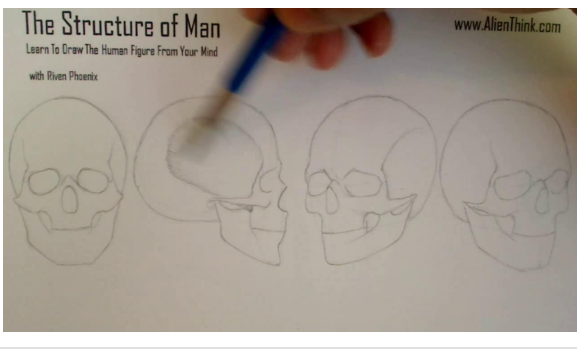
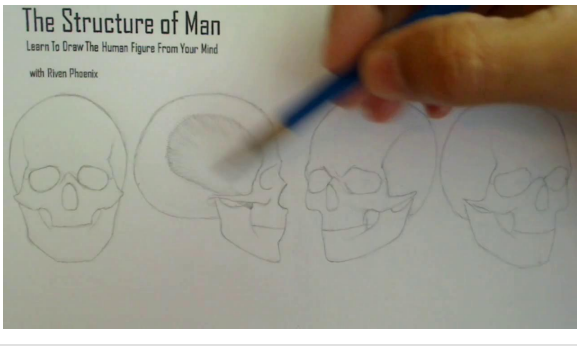
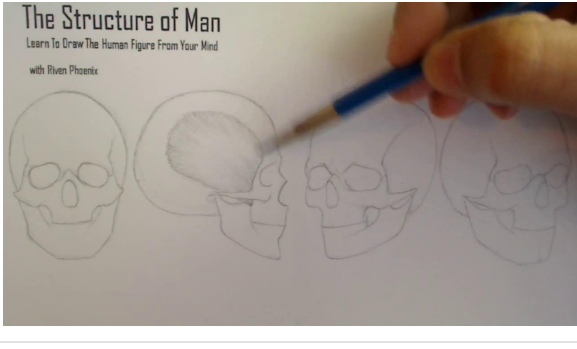
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| 17 |    | <p>So the first muscle, what happens is that there's a muscle here that's attached to the side over here that fills up this whole gap and you can feel it's on the side of your head.</p> |
| 18 |    | <p>So basically the idea of this muscle is that this muscle if we very lightly sketch it out, it's just going to go like this over here and it's going to stretch itself over here.</p>   |
| 19 |   | <p>It's going to stretch and it's going to connect to this area of the jaw.</p>                                                                                                           |
| 20 |  | <p>Right, it's going to be attached to this jaw here.</p>                                                                                                                                 |

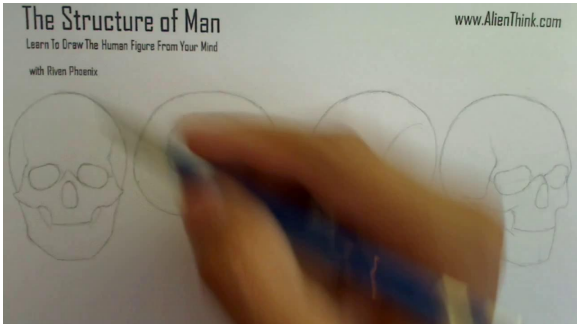
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| 21 |    | It's going to go from here like this all over here.                                                             |
| 22 |    | It's going to be all filled in. Right, so this whole gap will be filled in.                                     |
| 23 |   | So just imagine this to be this erasers the piece of muscle.                                                    |
| 24 |  | Like if you're molding this with clay, you would have put this muscle here and it will go under this cheekbone. |

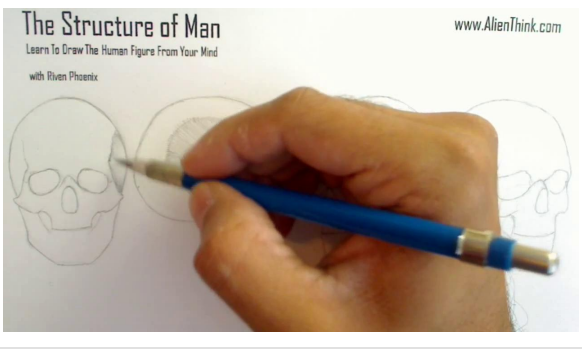
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| 25 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>   | <p>Right, so to draw out the muscles, we just have to be approximate with it.</p>                        |
| 26 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>   | <p>So here I'm just going to use a pencil. You can use a color pencil if you want to do it this way.</p> |
| 27 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>  | <p>Right, so the first muscle is basically going to be connecting from here.</p>                         |
| 28 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p> | <p>Right, so here it's going to be stretched. It's going to be stretched and stretching over here.</p>   |

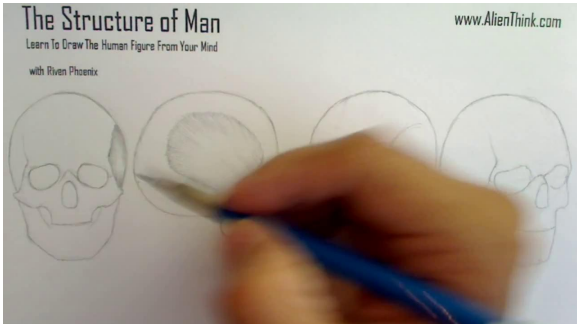
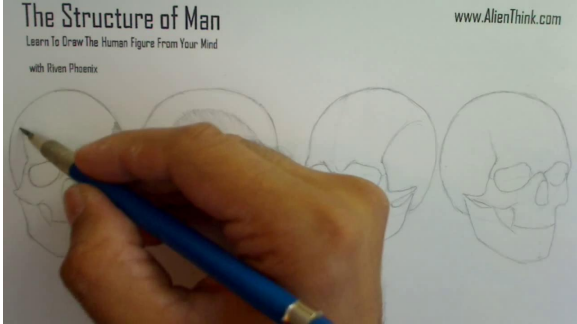
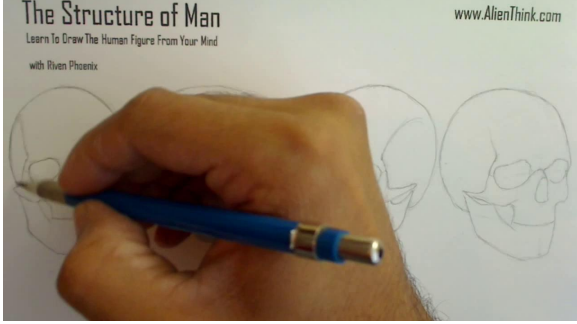
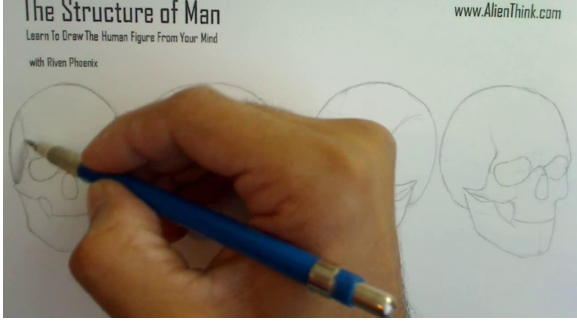
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| 29 |    | <p>So here I'm just going to first make these marks like this. Right, so because it's really just attached to this like with these wire systems.</p>              |
| 30 |    | <p>So here we're going to first, we're going to run through this like this that this is now attached like this over here.</p>                                     |
| 31 |   | <p>And then when you come over here, it's just going to be attached over here. Right, so now it starts to pull in this way and it's being attached over here.</p> |
| 32 |  | <p>So really all you have to do is really just make that assumption that's here.</p>                                                                              |

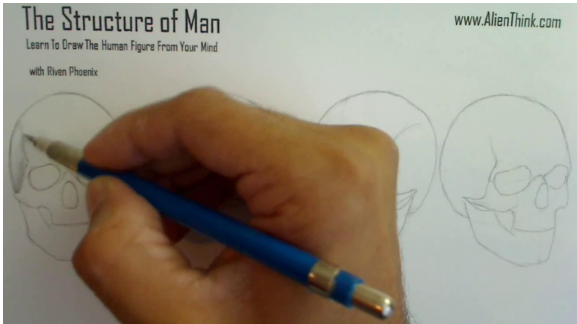
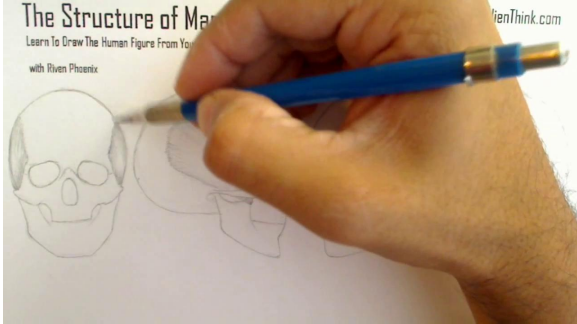
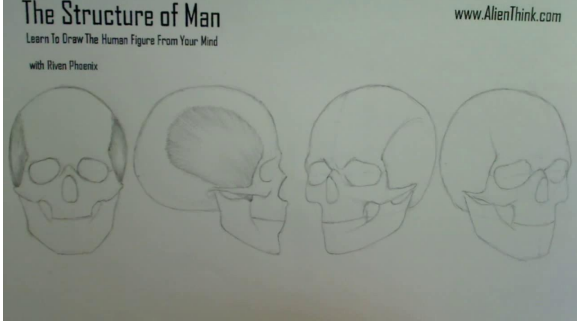
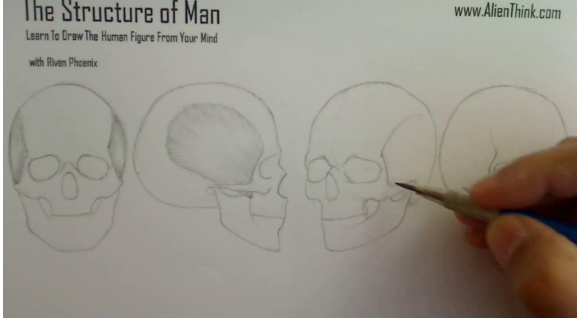
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| 33 |    | <p>Now the thing about this is you want to keep a little of this stuff a little light here because when we get into more of the muscle,</p> |
| 34 |    | <p>we're going to have to start erasing some stuff here.</p>                                                                                |
| 35 |   | <p>Okay, so basically all you have to do is really just do it this way here.</p>                                                            |
| 36 |  | <p>Just make this much more longer giving the illusion that this thing really is going to be stretched in this way.</p>                     |

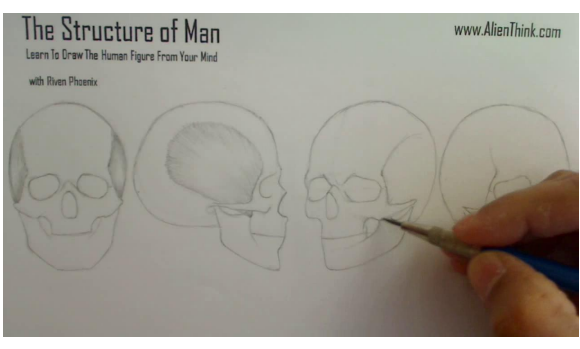
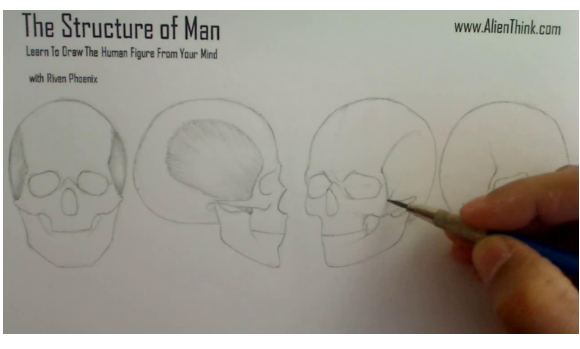
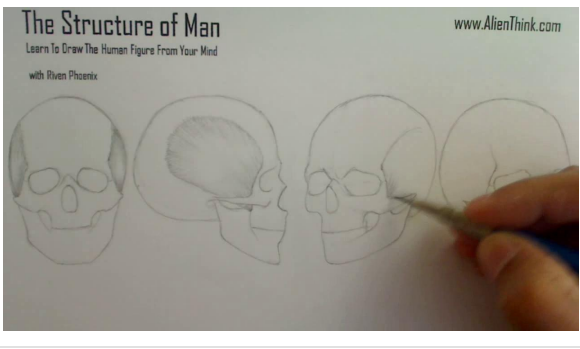
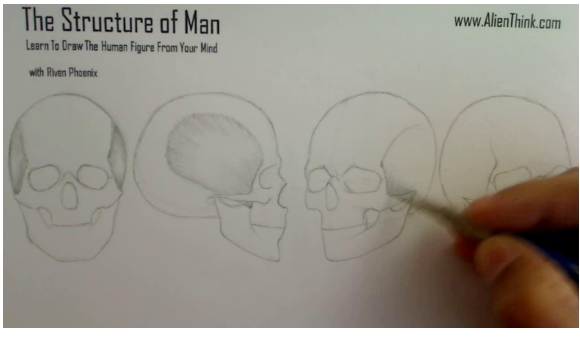
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| 37 |    | <p>Right, so this whole thing is just going to come like this.</p>                                                                                    |
| 38 |    | <p>And then from here, we're going to do the same thing to create that illusion of it being stretched.</p>                                            |
| 39 |   | <p>And it's just going to go like this.</p>                                                                                                           |
| 40 |  | <p>Right, so note that this muscle here that we've created is bulging out. Right, so it's going to really just become a ball shape for the skull.</p> |

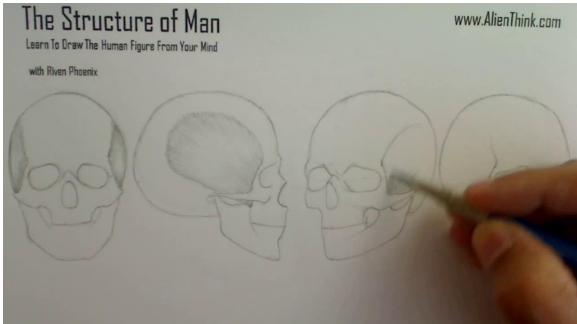
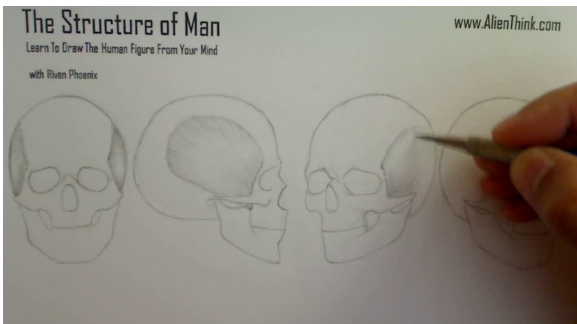
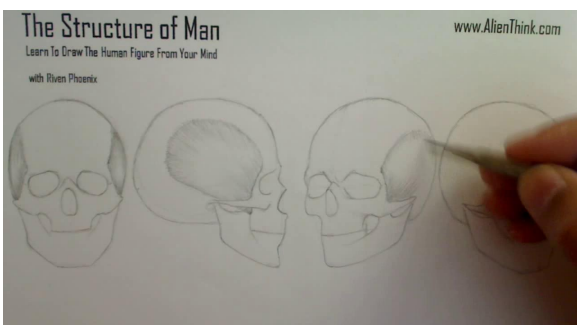
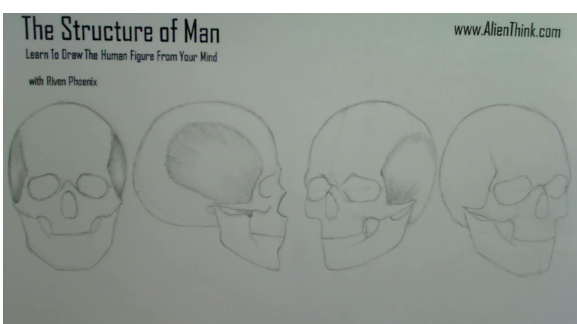
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| 41 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>   | So here it's going to be the same thing, just know where this line is.                                                  |
| 42 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>   | And here you can just do the same thing going in perspective, going in this way, and it's just going to come like this. |
| 43 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>  | Right, so it's just going to go here, here, here, here, here.                                                           |
| 44 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p> | And it's just going to do the same thing.                                                                               |

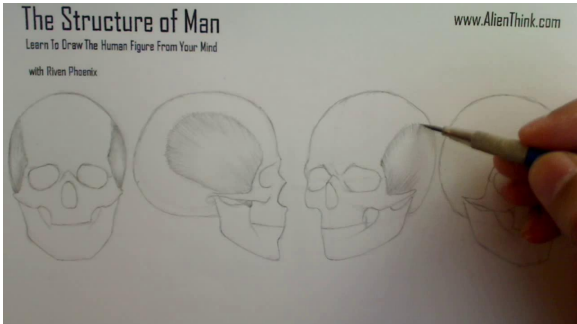
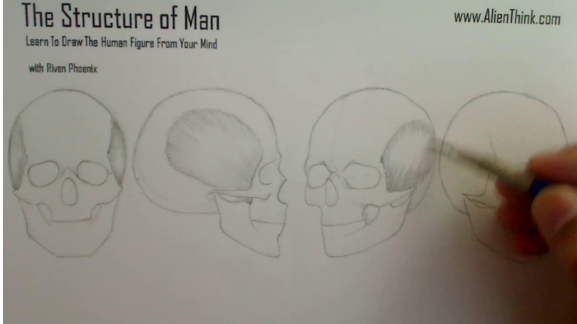
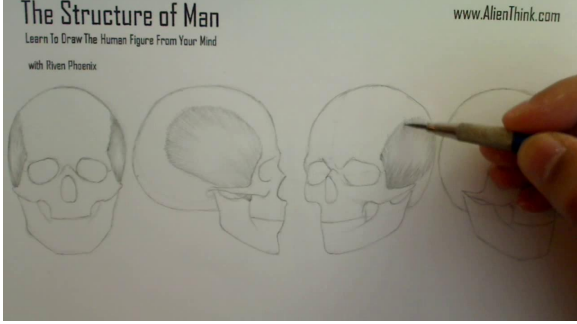
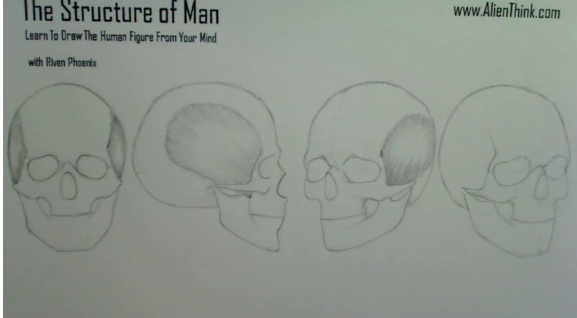
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| 45 |    | Right, so it's really not going to come out much over here. |
| 46 |    | Right, it's just fixes that area up in that way.            |
| 47 |   | Right, so just start thinking about this in perspective.    |
| 48 |  | Really the best way to understand this.                     |

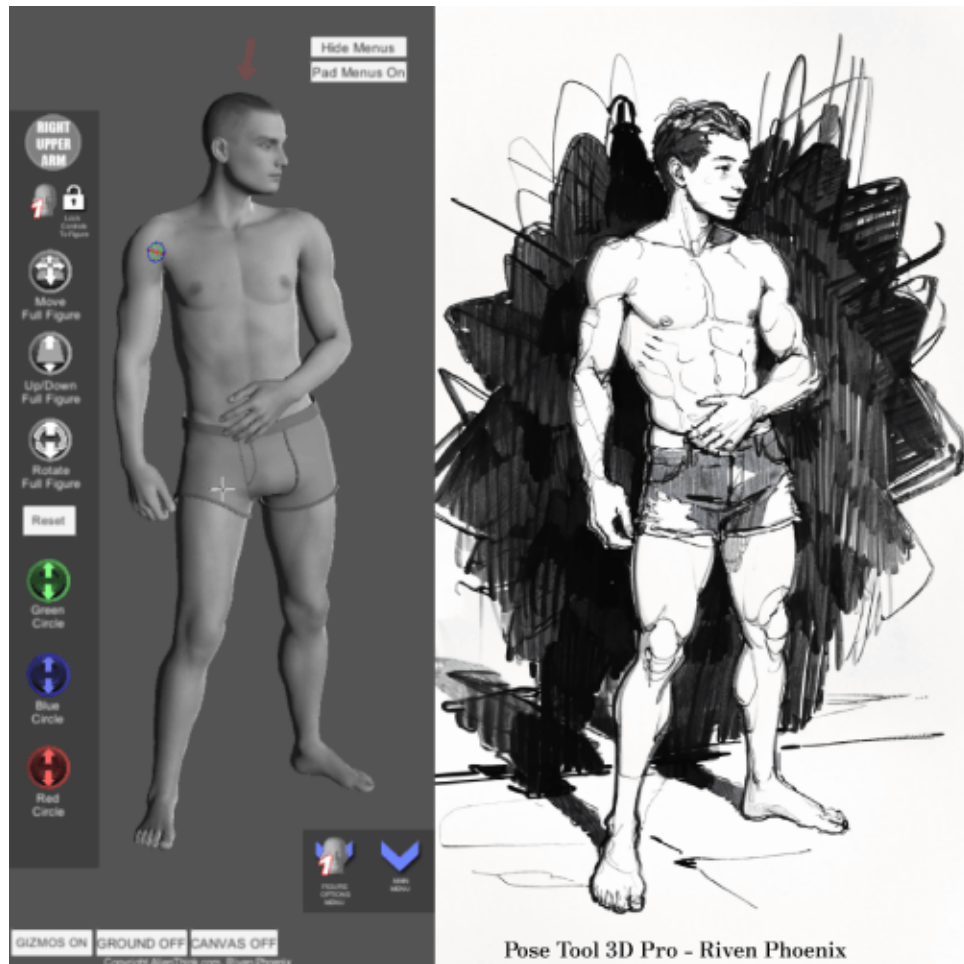
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| 49 |    | <p>Right, so we've got this understood from this area over here, and then we'll do the same thing over here.</p> |
| 50 |    | <p>And this is now going in perspective, so get a little darker over here.</p>                                   |
| 51 |   | <p>It's just going to be all filled in.</p>                                                                      |
| 52 |  | <p>Right.</p>                                                                                                    |

|    |                                                                                     |                                                                                                        |
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| 53 |    | <p>Okay, so this is going to be, as I said, our first muscle to our first invention of the muscle.</p> |
| 54 |    | <p>Right, and this is just going to go like this over here.</p>                                        |
| 55 |   | <p>So obviously from here, it's going to be the same thing, here we're just going to now.</p>          |
| 56 |  | <p>Well, we know that it's attached, so we really can't see it from this end.</p>                      |

|    |                                                                                     |                                                                                                             |
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| 57 |    | Right, because of the perspective view.                                                                     |
| 58 |    | So here it's just going to go like this over here.                                                          |
| 59 |   | For this one, obviously, you're going to have to keep your pencil a little sharp here.                      |
| 60 |  | Right, so here I'm doing kind of like medium size drawings, so we can get through these lessons all faster. |

|    |                                                                                                                                                                                                                 |                                                                                                |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| 61 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>   | Right, the more bigger they're drawing, the more forever it will take you to do these muscles. |
| 62 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>   | Okay, so here it's just going to go like this over here.                                       |
| 63 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p>  | I'm going to just sharpen the pencil a little bit over here.                                   |
| 64 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p> | Right, so here it's really all these fibers that are coming out.                               |

|    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                              |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| 65 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p> <p>This image shows a hand-drawn anatomical diagram of a human skull from a side profile. The temporalis muscle is being drawn on the side of the skull. A hand is holding a pencil, shading the muscle. The diagram is part of a series of four sketches showing different views of the skull and the muscle's structure.</p> | <p>Right, and over here it's just going to be going in this way.</p>         |
| 66 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p> <p>This image shows the same anatomical diagram as in lesson 65, but with more shading and detail added to the temporalis muscle. A hand is holding a pencil, continuing to draw the muscle.</p>                                                                                                                               | <p>And that's really it to understanding this side of this muscle.</p>       |
| 67 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p> <p>This image shows the same anatomical diagram as in lesson 66, but with even more shading and detail added to the temporalis muscle. A hand is holding a pencil, finalizing the drawing of the muscle.</p>                                                                                                                  | <p>Right, so this is our first muscle, the free successfully understood.</p> |
| 68 |  <p>The Structure of Man<br/>Learn To Draw The Human Figure From Your Mind<br/>with Riven Phoenix<br/>www.AlienThink.com</p> <p>This image shows the same anatomical diagram as in lesson 67, but with the final shading and detail added to the temporalis muscle. The drawing is now complete.</p>                                                                                                                                                      | <p>Okay, so I'll see you in the next lesson.</p>                             |



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